



Welcome to your new look Network from East Herts Council.



Free grants workshop

Deadline to book - today

A free workshop will help your community group to put in a successful bid for a grant from a £70,000 pot.

[Book today](#)

Or find out more about the [grants pot](#).



Don't lose your vote

Household Enquiry Reminder Forms are dropping through letter boxes this week.

Make sure you fill in yours online, by phone or by post otherwise you won't be registered to vote at election time.

If you think you've already filled in your form but you've still had a reminder, please call 01279 655261 to check.



Free gentle activity at Sele

If you live in the Sele Farm area and you'd like to try some gentle physical activity, you'll find just what you're looking for at a [free Come and Try event](#) later this month.



Shape Up for men

Free 12-week weight loss programme for men only. Register and find out more at www.shapeupherts.com



[Job Opportunities](#)



[Planning Applications](#)

Support for older people to keep warm and well



To check eligibility for free or discounted home energy improvements such as loft insulation or heating repairs call

HertsHelp
 **0300 123 4044**
 (local rate) or email info@hertshelp.net

 **Hertfordshire Warming Homes**

In partnership with the ten district & borough councils of Hertfordshire and Hertfordshire County Council

“
 I have so much more energy now.”
 — Stephanie

IT'S NEVER TOO LATE TO BE ACTIVE

So let's give it a go

Discover free taster activities in your area and win prizes

Visit:
www.hertfordshire.gov.uk/nevertoolate

Drop into your local library
 Or call HertsHelp on 0300 123 4044




