



Welcome to your new look Network from East Herts Council.



On the ball in Stortford

Table tennis and pickleball classes in Bishop's Stortford are a [great way to be on the ball](#) when it comes to gentle activity and feeling healthier.

The two classes, part of the Forever Active East Herts programme, are ideal for those aged 50 plus who want to take the first step to better health in a friendly atmosphere with supportive coaches.



Sustainable

Sign up for the Gilston workshop

To help ensure that the new Gilston garden town is a high-quality place for people to live and work, East Herts Council is working to produce a charter and [you're invited to take part](#).

The charter will set out commitments about how the developers and the council will work together and involve the community in preparing future masterplans for the area.



A Super Happy Story (About Feeling Super Sad) at Hertford Theatre

A [hilarious cabaret musical](#) about depression that explains, sings and throws glitter about how it's OK not to be OK.



Dehydration & malnutrition checks

- **October 1 - Room A,
Charringtons House, Bishop's
Stortford**
- **Tuesday October 2 - Room 27,
Wallfields, Hertford.**

Free simple screening check looking at weight and height to check for signs of malnutrition and dehydration. The screening will take place in a private room and lasts around five minutes.

Pop into reception for your reading between 9.30am-1pm.



[Job Opportunities](#)



[Planning Applications](#)

