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Welcome to your new look Network newsletter from East Herts Council. In the edition we update you on grants, view the latest volunteering opportunities and take part in some bug hunting!



## Today is Clean Air Day

[Breathing clean air](#) is something we all take for granted, but the issues surrounding air pollution have been hitting the headlines for some time.

The message is "Turn your key be idle free" and we're asking drivers to turn off their engines when stationary and especially outside schools.



## Zumba in Stortford

Make your move with Zumba at St Michael's Mead. The weekly class is ideal for those aged 50 plus, looking to try gentle, friendly exercise.

It runs from Monday July 2, 11.15-12noon, £3, first class free.

See [the full calendar](#) of Forever Active East Herts classes.



## Grants for health and wellbeing

[Last few days to apply](#)

This year marks the 100th anniversary of Armistice Day - the end of World War One - and you can apply for an East Herts Council grant if you're planning a community event to commemorate this anniversary.



[Job Opportunities](#)



[Planning Applications](#)



