

Free Dementia training



East Herts Council is offering free dementia training for residents, businesses and students across the district in order for people to understand more about dementia and ways in which carers and those who are living with the condition can be helped.

By 2015 there will be 850,000 people with dementia in the UK and East Herts Council is focused on becoming a dementia friendly district to help break down barriers and encourage empathy within local communities.

Most recently the council together with the Alzheimers Society delivered training for almost 200 sixth form students at Freman College in Buntingford. Training has also been provided for staff at the council, Hertford Theatre, Rhodes Art Complex Bishop's Stortford and Waitrose in Hertford as well as various sessions for members of the public who have asked for the training.

Executive member for health and wellbeing Eric Buckmaster said: "I'm pleased that the council has been able to deliver this invaluable training to almost 300 people across the district so far and would urge local businesses and residents to contact the council and come along for a free one hour session."

If you're a resident, business or education facility interested in having a free training session, please call the council on 01279 655261 and ask for the engagement and partnerships team.